



**MEZCLA<sup>1</sup>, MOLDEA<sup>2</sup>, LIJA<sup>3</sup>, MUEVE<sup>4</sup>**  
**AN EXHIBITION BY SARA REGAL**  
**CURATED BY MESURA AND VASTO**  
**SCREENING OF 'UNA MESA, DOS MITADES'**  
**PRESENTATION: 26TH OCT, 7PM - 10PM**  
**CARRER DE LLULL, 109, 08005 BARCELONA**

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## ABOUT THE EXHIBITION

“Mezcla, Moldea, Lija, Mueve” is designer Sara Regal’s journey into exploring construction waste to create a series of unique pieces in which the process is to be cherished.

After a two-week-long artistic residency in Vasto Gallery’s construction site, where she was invited one year ago by Mesura and Vasto to create a bespoke design piece—“Split Table,” all three collaborators saw an opportunity, a spark, a path to embrace the synergies and keep Sara’s investigation going.

While developing “Split Table,” the designer let go of control and worked with fixed circumstances: limited time and synthetic and unexpected materials. In “Mezcla, Moldea, Lija, Mueve,” Sara takes in the learnings and direction from that journey and owns the process, focusing on certain types of construction waste and natural materials that better align with her signature sustainable practices without losing the essence and highlighting the human and manual work behind each piece.

The series, composed of 16 pieces, showcases the importance of process and experimentation: even if all segments have been set to follow specific procedures and parameters, one can notice that each of them is an invitation to have a closer look, to find the irregularities and decisions that make them unique and distinguishable.

“Mezcla, Moldea, Lija, Mueve” is an experiment, a series of trials and errors leading to an end result now subject to the audience’s eye. An exhibition curated by Mesura and Vasto Gallery and the first to be held in the gallery’s newly opened space.

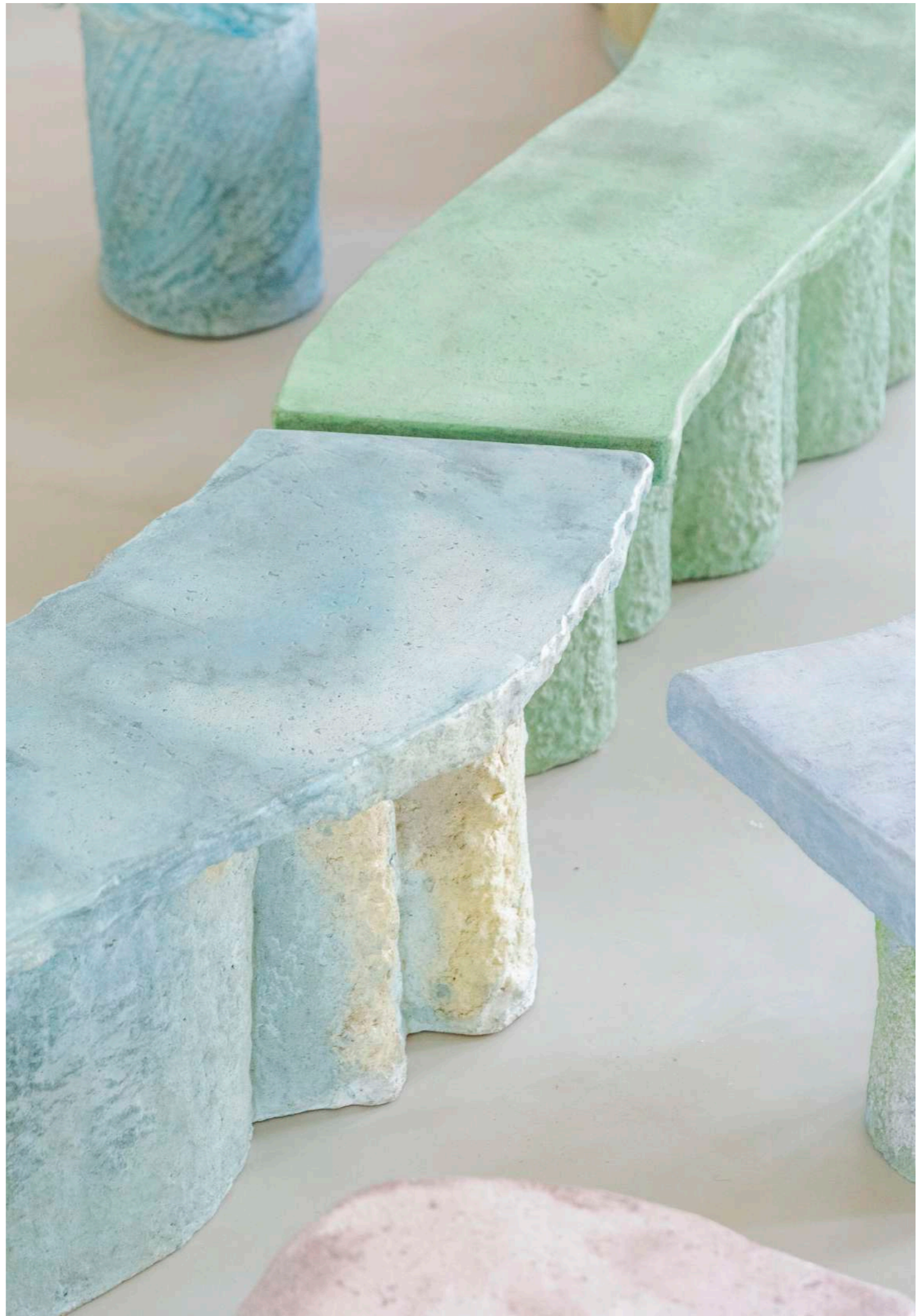
## ABOUT SARA REGAL, MESURA AND VASTO GALLERY

Sara Regal is a designer specializing in material investigation and sustainable practices applied to objects and spaces. She develops intuitive methods through an experimental approach to materials and production techniques, strongly influenced by chromatic trends. After completing her Master’s Degree in ECAL and a year-long design residency in Hong Kong, she started working for Camper. Recently, she has kickstarted her independent practice with a workshop in Mallorca’s countryside. There, she experiments with waste to create recycled pieces. The work she develops in the workshop goes hand in hand with her interior design and art direction commissions. Recently, her work has been exhibited at New York Design Week, Salone del Mobile, and Vitra House, among others. In 2022, she received the Premio Galicia for Innovation and Design within the Young Talent category.

Mesura is a model for creativity working within the fields of Architecture, Design, and Culture. It’s a practice driven by the desire to create durable and innovative solutions. Mesura believes that the most creative ideas require us to step outside familiar boundaries and embrace the unknown. By challenging conventional approaches to architecture and design, Mesura aims to push the limits and inspire new possibilities.

VASTO is a catalyst for creativity, a platform for discovery and a bridge to the future of art and design. Based in Barcelona, the gallery is dedicated to unearthing emerging artists and designers while encouraging new formats. We offer a diverse spectrum of artistic expressions, encompassing introspective explorations of identity, thought-provoking sociocultural and environmental activism. Our artists are fully dedicated to materiality, plasticity, and poetry, all with a distinct and unique aesthetic perspective. Our core mission is to democratize access to emerging and groundbreaking art and design, simultaneously fostering and championing artistic creation, patronage, and the art of collecting.

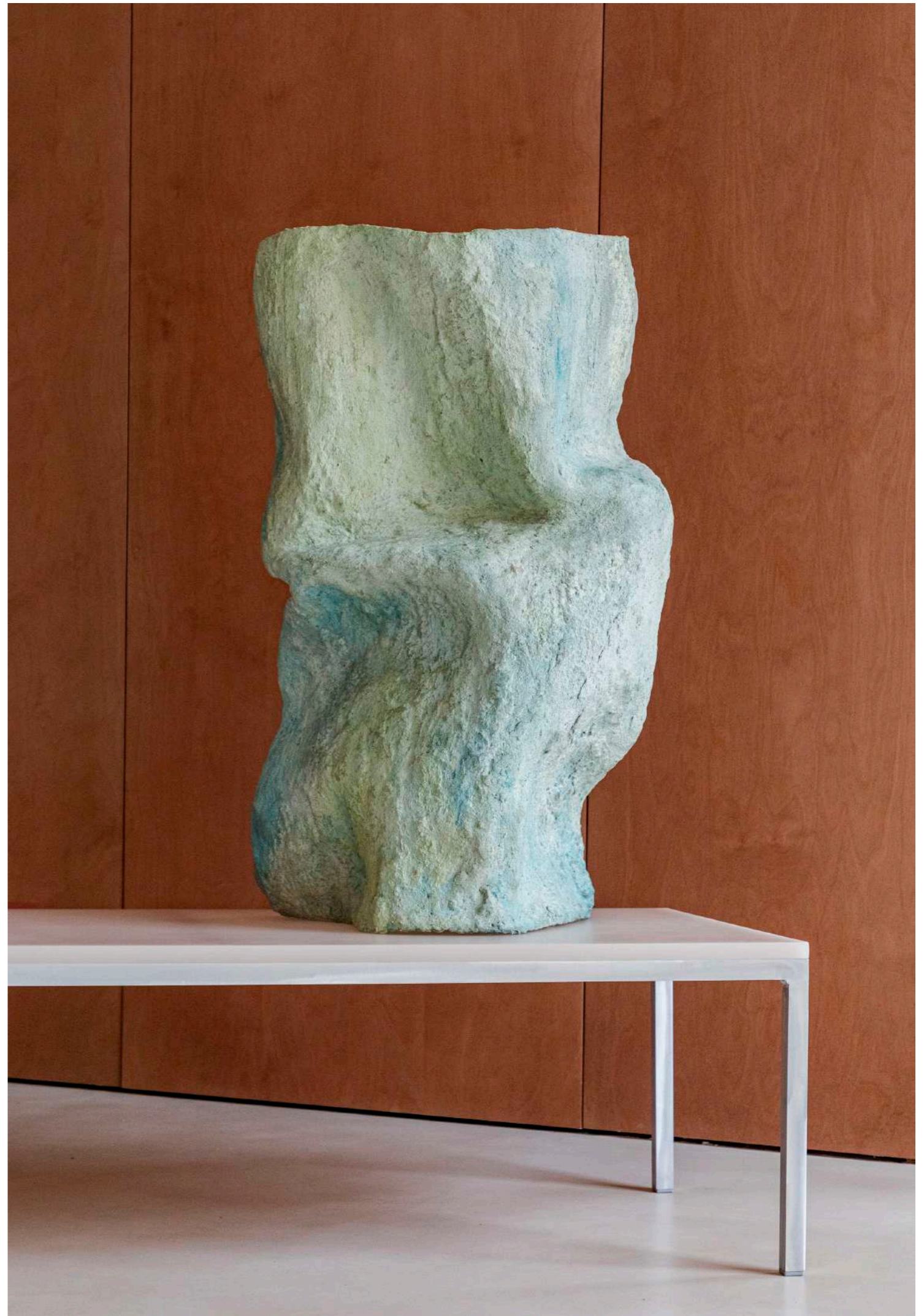




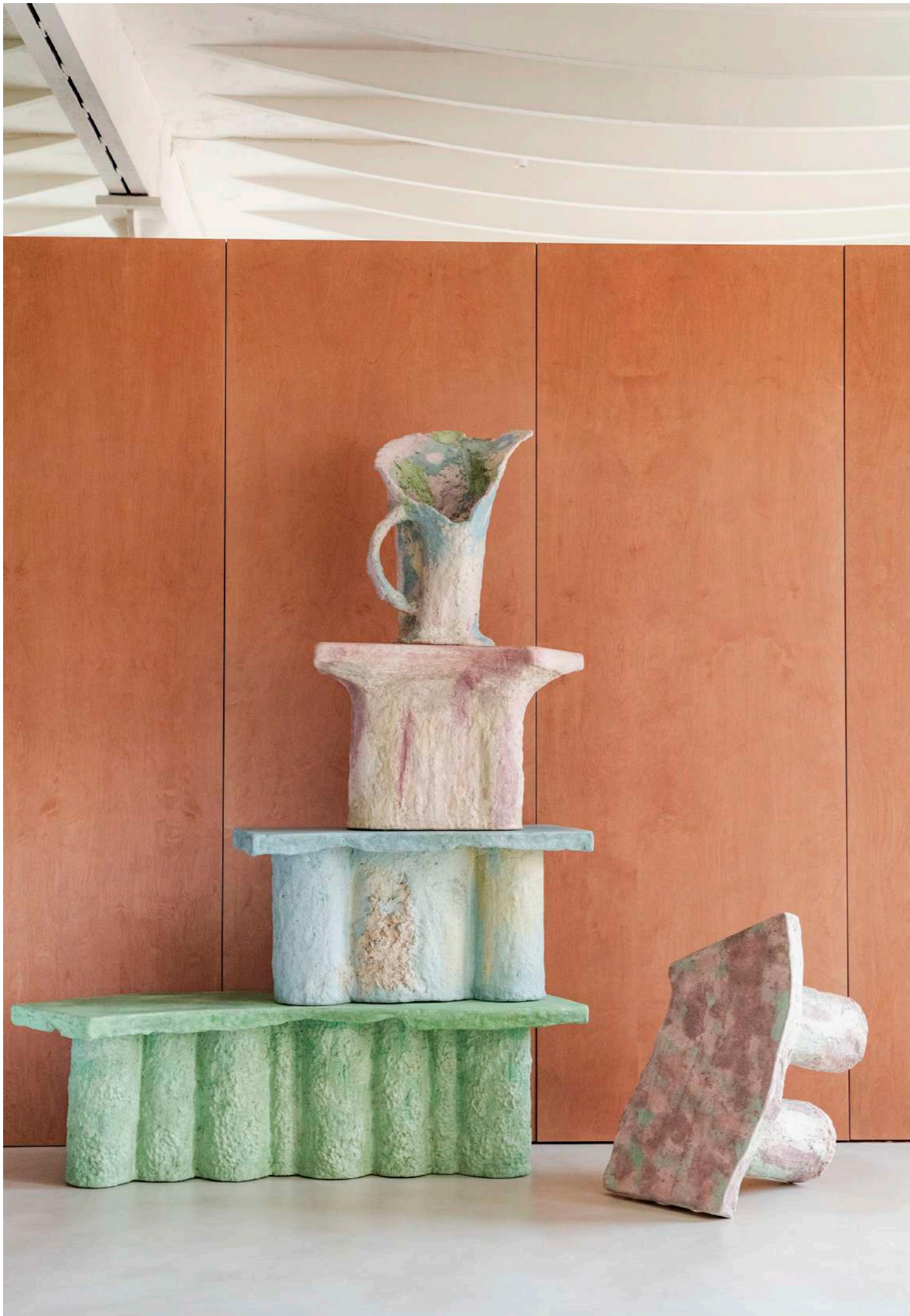




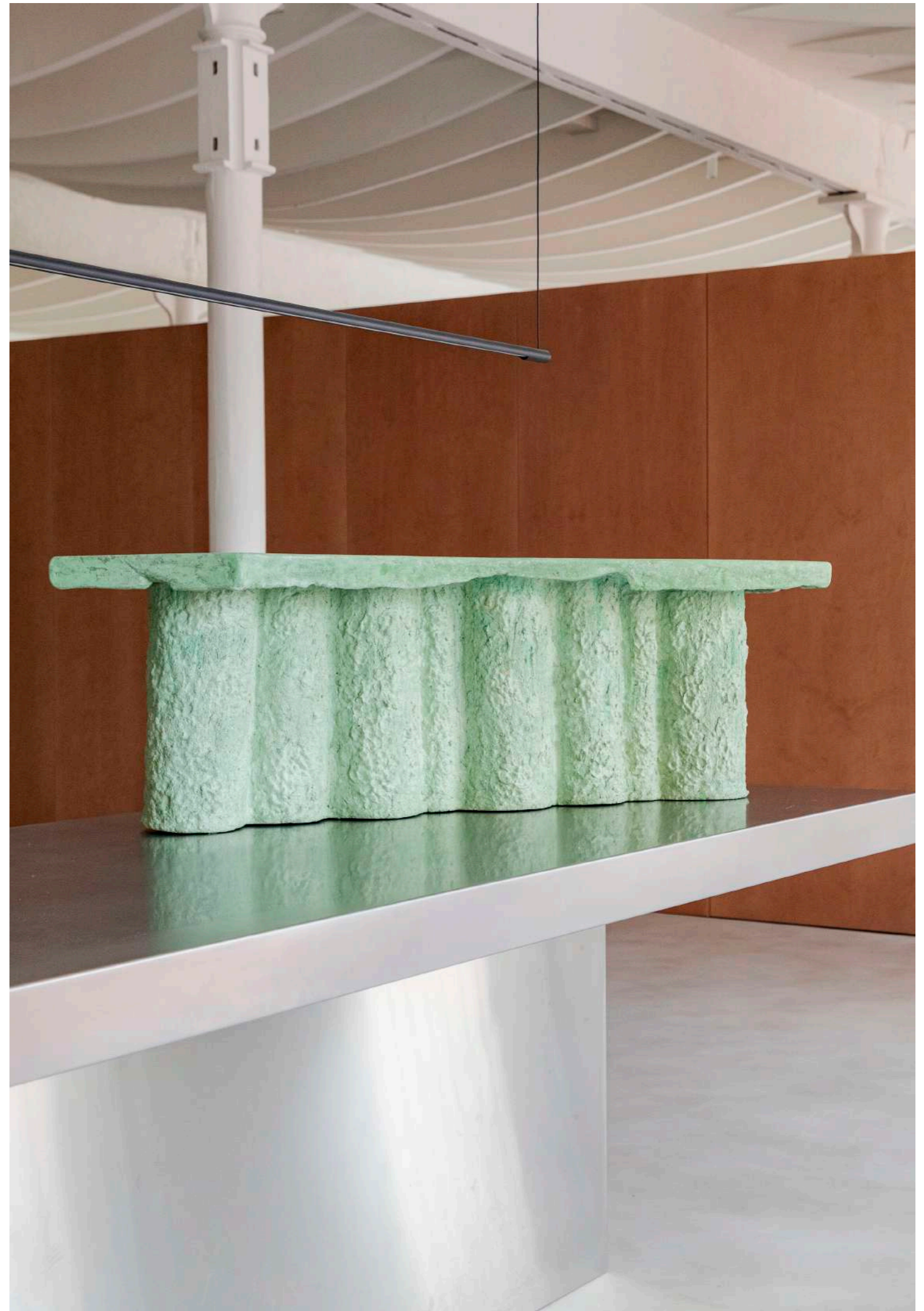
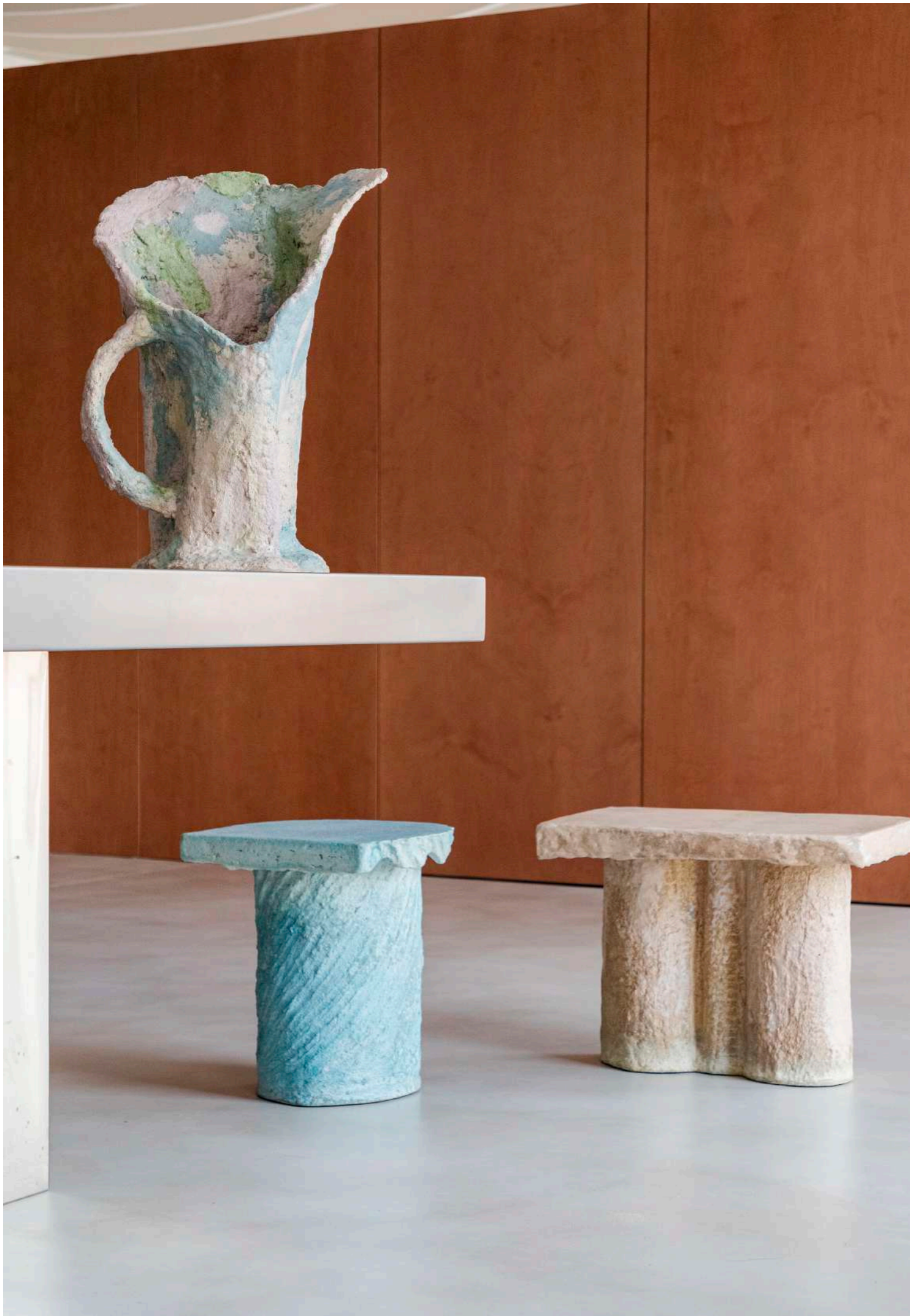














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